



Genesis
HEALTHCARE

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HEALTH PARTNERS

WEST COAST UROLOGY
*A Division of Genesis
Healthcare Partners*

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UROLIFT

Patient Pre-Procedure Instructions

Your procedure is scheduled for: _____

Please arrive promptly by: _____ at the office circled on the left

Week Prior to Procedure

- Discontinue any vitamins and supplements at least 7 days prior to the procedure
- Discontinue any blood thinning medications for the recommended amount of time – you will need to check with your primary care physician, and if necessary cardiologist

Day Prior to Procedure

- Light dinner on the night prior to the procedure. Avoid a heavy dinner

Day of the Procedure

- PLEASE BRING A DRIVER. YOU WILL NOT BE ABLE TO DRIVE AFTER THE PROCEDURE
- On the day of the procedure, you can eat a light breakfast and liquids
- Please arrive 1 hour before the procedure time, to allow for adequate preparation
- Please remind us of any medication allergies prior to the procedure
- We recommend ProNox, an inhalation anesthetic, for additional comfort for a nominal fee

After the Procedure

- You will need a driver to take you home
- Please read the Discharge Instructions sheet that is provided to you
- If you have dizziness, fever, significant pain, or heavy bleeding, please contact the office to speak with the on-call doctor. In the event of an emergency, please report to the ER